

# My Pet's Poorly Heart



This book belongs to:



### My Pets Poorly Heart

Hello, your vet has told us that your pet been to visit them.

They have decided that your pet has a poorly heart and they have asked us to let you know all about it.

We know when pets are poorly it can be a bit worrying, so we wanted to let you know all about your pet's poorly heart and hopefully make it a lot less scary!

This pack is full of all sorts of things to help you care for your pet!

Why not draw a picture of your pet in the box?

My Pet

# What is a Poorly Heart?

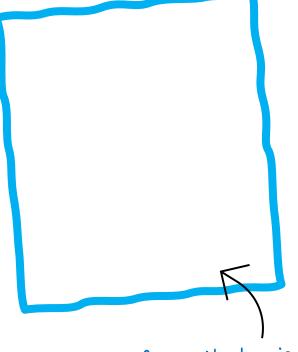
Inside our bodies we have something called a heart. Your heart has such an important job of moving your blood around your body. Your body needs your heart to keep it healthy and happy.

Your pet has a heart too, just like us. If you put your hand gently on your pets chest you may even be able to feel their heart beating.

When your pet has a poorly heart it doesn't beat as well and so their blood cannot move around their body properly.

Sometimes, your pet may not be able to run about as much and they may get tired very easily.

If their heart is very poorly they may start coughing or even fall over. When a pet falls over because of their poorly heart it's called "collapsing" and if you ever see your pet fall down you should tell a grown up straight away.



My pet's favourite toy is....



#### How Can You Help?

Here are some things that you and your adult can do to help your pet and their poorly heart

- ✓ If your pet is having a bad day, try not to hold or hug them too tight.
- If you see your pet collapse or if your pet is coughing a lot, you should tell a grown up straight away.
- Let them take their time on walks or when climbing stairs and try not to go too far with them as this may make them tired.
- It is a good rule that if your pet starts to become tired or out of breath, then you should let them rest so they can feel better.
- Your grown up can make sure they take any medicine they need to help them feel comfy and happy.

Remember to never climb on your pet or pull them around as this may hurt them.







Being Safe with Medicine

Sometimes pets with a poorly heart will need to take medicine everyday to help their heart work properly. This medicine has been picked by a vet and is perfect for your pet!

Here are some rules about medicine:

- You must never touch your pet's medicine as it can be dangerous for children.
- Medicine should only be given to your pet by a grown up.
- The medicine for your pet should be kept in a cupboard out of the way.
- If you ever find your pet's medicine, you should tell an adult who can put it away in a safe place.



My pet's favourite food is....





## My Pets Heart Diary

Why not keep a diary of how your pet is doing with their poorly heart?

Todays Tasks	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
My pet has been fed today?	j			3			
My pet has fresh water today?							
My pet has taken it's medicine?							
My pet has had a little exercise?							
My pet is happy today?							
I told my pet I love them today							

Great work!

Remember to tell your pet how good they are each day!



