

My Arthritic Pet

This book belongs to:



My Pet's Arthritis

Hello, your vet has told us that your pet has been in to visit them.

They have decided that your pet has arthritis, and they have asked us to let you know all about it.

We know when pets are poorly it can be a bit worrying, so we wanted to let you know all about your pet's arthritis and hopefully make it a lot less scary!

This pack is full of all sorts of things to help you care for your pet!

Why not draw a picture of your pet in the box?

←
My Pet





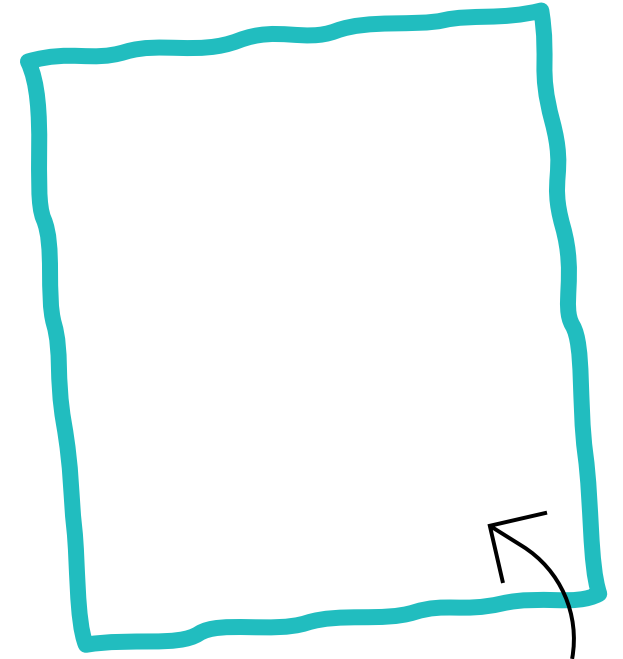
What is arthritis?

In our body we have bones, which make up our skeleton. Bones are nice and strong, they help us move and dance. Bones also keep our bodies safe, it's a bit like having armor on the inside.

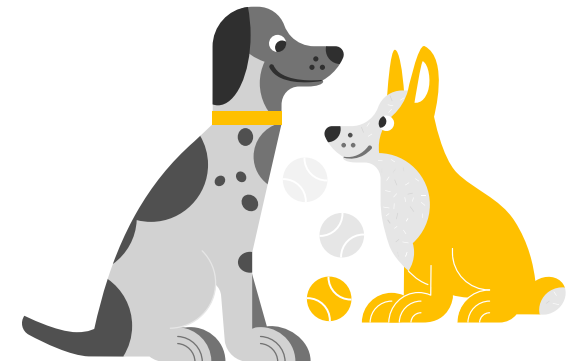
Pets have bones too just like us and when a pet has arthritis their bones become bumpy and begin to ache or even hurt!

Sore bones are no fun, they can make your pet less likely to want to run around and play. It's not because they don't want to be your friend and play with you, sometimes moving around too much can make them uncomfortable.

It's really important to be kind and gentle with your pet, especially if they have achy shaky bones.



My pet's favourite toy is....





How Can You Help?

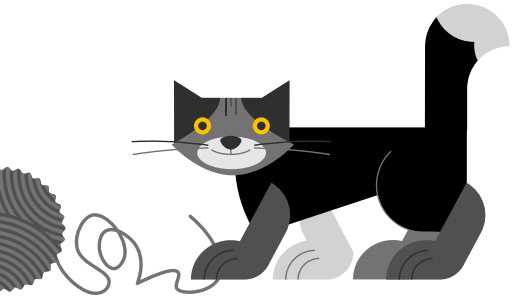
Here are some things that you and your adult can do to help your pet stay happy

- ✓ Achy bones can feel so much more comfy on a big padded bed.
- ✓ Try not to touch or cuddle your pet if they are feeling sore or are snuggled on their bed – you may accidentally hurt them. If you make a mistake and forget, don't worry, your pet will still be your best friend.
- ✓ Let them take their time on walks or when climbing stairs and try not to go too far with them as this may make them uncomfortable. They may need help from a grown-up to get into and out of the car.
- ✓ It is a good rule that if your pet is sore or sleeping, then you shouldn't touch them as they may need to relax to feel better.
- ✓ Your grown-up can make sure they take any medicine they need to help them feel comfy and happy.



Remember to never climb on your pet or pull them around as this may hurt them.



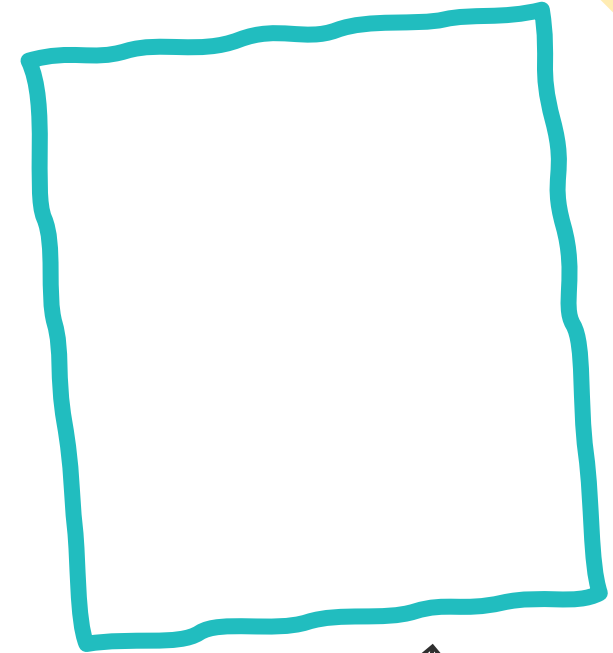


Being Safe with Medicine

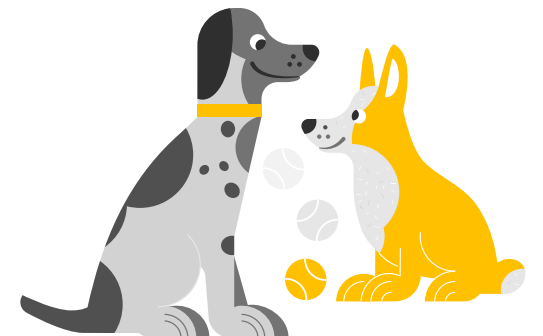
Sometimes pets with arthritis will need to take medicine every day to stop them having achy bones. This medicine has been picked by a vet and is perfect for your pet!

Here are some rules about medicine:

- You must never touch your pet's medicine as it can be dangerous for children.
- Medicine should only be given to your pet by a grown up.
- The medicine for your pet should be kept in a cupboard out of the way.
- If you ever find your pet's medicine, you should tell an adult who can put it away in a safe place.



My pet's
favourite
food is....





My Pet's Arthritis Diary



Why not keep a diary of how your pet is doing with their arthritis?

Today's Tasks	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
My pet has been fed today?							
My pet has fresh water today?							
My pet has taken its medicine?							
My pet has had a little exercise?							
My pet is happy today?							
I told my pet I love them today							

Great work!
Remember to tell your pet how good they are each day!





The Vetsure Kids Good Ownership Award

This awards goes to

for being an amazing owner & friend to their pet

